



NAMI Delaware



MENTAL HEALTH FIRST AID®

**About the training:** Mental Health First Aid is a course that can be taught in two 4.5 hours sessions or one 9 hour session. Participants must attend the entire course in order to receive a certificate.

**Cost:** NAMI Delaware charges a nominal fee of \$20 per participant to cover the cost of the manual that participants may keep after the course.

**NAMI Delaware currently offers the following courses:**

Please select your preference.

- Adult Mental Health First Aid - general course for all adults
- Mental Health First Aid, Public Safety - for law enforcement personnel
- Mental Health First Aid, Higher Education - for college students, faculty & staff

**Please Print Clearly:**

FULL NAME \_\_\_\_\_

E-MAIL ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_

Why are you interested in Mental Health First Aid?

If you are inquiring for yourself only, you may STOP now. Kindly scan or photograph this application and email to Annie Slease, Director of Advocacy and Education [aslease@namide.org](mailto:aslease@namide.org). Please email as .jpg or .pdf files only and state MHFA INQUIRY in the subject line.

If you are inquiring for a group, please continue to the following page to complete your Group Inquiry details.

GROUP NAME \_\_\_\_\_

TYPE of ORGANIZATION \_\_\_\_\_

ADDRESS of ORGANIZATION including ZIP CODE \_\_\_\_\_

NUMBER OF PARTICIPANTS IN GROUP \_\_\_\_\_

LOCATION PREFERENCE:

NAMI Delaware may host training for up to 16 participants at our Wilmington office:  
2400 W. 4<sup>th</sup> Street, Wilmington, 19805.  
OR

OTHER LOCATION: This option requires table seating for participants (groups of 3-6 people at each table), ample space and power for laptop and projector, and instructor approval.

Please specify location request. \*Include mailing address and zip code if different from above.

COURSE LENGTH PREFERENCE:  One 9-hour day  Two consecutive 4.5 hour days

Special Requests or Comments:

NAMI Delaware staff is eager to provide this training to you and your group. Kindly scan or photograph this application and email to Annie Slease, Director of Advocacy and Education at [aslease@namide.org](mailto:aslease@namide.org). Please email as .jpg or .pdf files only and state MHFA INQUIRY in the subject line.

Upon receipt of your complete application, you will be contacted with further details about your request. We thank you for your interest in Mental Health First Aid Training from NAMI Delaware.