



NAMI Delaware 40 YEARS

Joshua Thomas, Ph.D.
CEO/Executive Director



Dear Friends,

We just concluded Mental Health Awareness Month and our annual NAMIWalks Delaware event in May. I am so thankful for all our participants, team captains, fundraisers, sponsors and exhibitors!

Every year I am overwhelmed with gratitude as I look out over the crowd supporting our walk and our mission. They are a visible representation of the many people across our State impacted by mental illness. While the Hunter and Figure 8 Barns at Bellevue State Park were packed with energetic and excited participants, there were many who participated virtually.

NAMIWalks Delaware was an incredible opportunity to see that we are not alone in our efforts to raise awareness, pursue health equity and help people live to their full potential. Every smiling and empathetic face was encouraging to those struggling or going through a difficult time. The walk provided fun experiences, community resource information, delicious food from our vendors and fellowship with others on similar journeys. It was a truly caring community!

Let's take this energy, passion and enthusiasm and allow it to empower our efforts to bring change, encouragement and hope to our personal networks and communities!

With gratitude,


Josh

NAMI Delaware welcomes new Board Members

Mary Allen Anderson, Vaughn Bond Jr. and Wade G. Jones will bolster NAMI Delaware's mission to support, educate and advocate for people affected by mental illness.



Mary Allen Anderson

is Executive Director of Communications for Widener University and Adjunct Faculty Member at Wilmington University. She is a former award-winning news reporter who previously served for three years on NAMI Delaware's Advisory Board.



Vaughn Bond Jr.

retired in 2021 as Colonel, Chief of Police of the New Castle County Division of Police and is now New Castle County Director of Public Safety. He previously served on NAMI Delaware's Advisory Board.



Wade G. Jones,

LPCMH, LCDP, CAADC, CCS, is Executive Director of Alternative Solutions Consulting Group LLC and is a Bank of America Employee Assistance Program Specialist. He is the Clinical Lead for the Division of Prevention and Behavioral Health Services System of Care.

"With unique career and life experiences and a true desire to advance our mission, Mary, Vaughn and Wade are welcome additions to our Board of Directors," said Joshua Thomas, CEO/Executive Director, NAMI Delaware. "Our dynamic Board provides organizational oversight and helps our team advance how we build better lives for Delawareans affected by mental illness."

Donate Today & Help Us Top Our Goal

We are close to our fundraising goal for this year's walk, but there's still time to help us top that goal. Please make a donation by July 12 to help us positively impact mental health in our communities.

Visit namiwalks.org/delaware to donate today.



2023 NAMIWalks Delaware

Thanks to the more than 500 participants who walked with us on **May 13 in Bellevue State Park** to support Mental Health for All! The rain did not stop us from having a great time helping NAMI Delaware support, educate and advocate for people experiencing mental illness.



Special thanks to the Zeta Omega Chapter of Alpha Kappa Alpha Sorority, whose members joined the walk to help us continue our mission to support Delawareans' mental health.

NAMI Delaware is thankful to have received their "Community Partner Award."

Thank you, NAMIWalks Delaware sponsors!

We are grateful to our walk sponsors and all those who fundraise for and donate to NAMI Delaware throughout the year.

Silver sponsors

AmeriHealth Caritas Delaware
Ameriprise Financial
CSC
HeroHelp
Rockford Center

Bronze sponsors

Arthur Hall Insurance
Beebe Healthcare
CORAS Wellness & Behavioral Health
Delaware Child Psychiatry Access Program
Delaware Health and Social Services -
Division of Substance Abuse and
Mental Health
Dover Behavioral Health System
Fulcrum Pharmacy | Radius RX Direct
Lotus Recovery Centers
M&T Bank
Siebold & Melton Team
Wilmington University
WSFS Cares Foundation

Supporters

The Episcopal Parish of All Saints Church &
St. George's Chapel
BHC (Behavioral Health Consortium)
Brandywine Counseling & Community
Services
Brooke Glen Behavioral Hospital
Cayuga Centers
C.O.P.S. Delaware
Elwyn of PA & DE
Hook PR & Marketing
Neil
MeadowWood Behavioral Health Hospital

Top fundraisers

Rick Suarez, \$18,150
Sarah Galbraith, \$4,085
Erin Heilig, \$3,125
Team Compassion/Merton Briggs, \$2,510
Hillary Belles, \$2,120

Jim & Simon Shute, \$1,345
Gianine Brackney, \$1,025
Monique Hedrick, \$660
Angel Rollins, \$500
Joshua Thomas, \$500

Top teams

Making Strides, \$27,809
Bipolar Borderliners, \$3,420
Siebold & Melton, \$3,370
Alpha Kappa Alpha-Zeta Omega, \$2,549
SOS Team: Stamp Out Stigma, \$2,545
Fulcrum | Radius Rx, \$2,450
Asher's Bar Mitzvah Flock, \$2,341
Remembering Ptlm. Sayer Evans, \$2,137
The Journey Hockessin, \$1,710



A special thanks goes to Carla Moore!

NAMI Delaware's Senior Director of Finance, Carla Moore, went above and beyond to make NAMIWalks Delaware a success. Carla demonstrated strong leadership by jumping in and taking the lead on coordinating this year's NAMIWalks Delaware event. She did an outstanding job coordinating logistics, communicating with partner organizations and keeping the event on a successful course. Without her dedication and tremendous efforts, our walk would not have been the success that it was!



Office of the CEO/Executive Director
Dr. Joshua Thomas | CEO/Executive Director
Carla Moore | Senior Director of Finance

Housing Team

Merton Briggs | Senior Director of Housing & Facilities
Marie LaFevre | Senior Housing Manager
Bob Douglas | Property Manager
Doug Culton | Property Manager

Advocacy & Education Team

Jenn Ford | Director of Programs
Nyemad Boiwu | Fellowship Program, Equity & Inclusion
Jacqueline Contreras | Multi-Cultural Engagement Coordinator
Wesley Ingram | Programs Manager
Jenn Jankowski | Peer Services Manager
Jasmine Bond | Fellowship Program, Digital Communications Focus

Summer Semester Interns

Maura Grier
Lauren Kidder
Kayla Sutton

Board of Directors

Mary Allen Anderson | Director of Communications, Widener University
Mary Berger | Board President | Director of Annual Giving & Advancement Services
University of Pennsylvania School of Veterinary Medicine
Vaughn Bond, Jr. | New Castle County Director of Public Safety
Wade G. Jones, LPCMH, LCDP, CAADC, CCS | Executive Director, Alternative Solutions Consulting, LLC, and Employee Assistance Specialist, Bank of America
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Rita Landgraf | University of Delaware, Director of US Partnership for Healthy Communities
Kimberly Richardson | Senior Counsel, DuPont
Burley Melton | Retired
Marcus Wilson, Pharm.D. | Chief Analytics Officer, Anthem, Inc.

Sussex County Committee

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Shawna Mayles | Beebe Healthcare
Sgt. Lee Weller | Delaware State Police
Maureen Keeney | Retired Educator

Kent County Committee

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Chaplain Pamela Adams | Delaware State University
Dr. Mark Borer | Psychiatrist
Dr. Amy Gootee-Ash | Delaware State University
Lt. Chuck Sawchenko, Ret. | Delaware State Police
Dr. David Sibley | Retired Psychiatrist

New Castle County Committee

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Burley Melton

Seeking Equity & Serving Communities of Color Committee

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Dr. Pamela Adams | Delaware State University
Nyemad Boiwu | Peer Advocate
Colonel Vaughn Bond, Jr. | New Castle County Police Department
Norwood Coleman, LCSW | Life Health Center
Louise Cummings, Esq. | Supporting Kids

Dental clinic brings more smiles

Going to the dentist is rarely a joyous occasion for most people. But patients under the care of the Delaware Health & Social Services' (DHSS) Division of Substance Abuse and Mental Health (DSAMH) are grateful for the recently rededicated dental clinic at the Delaware Psychiatric Center in New Castle.

Robert P. Manier, DDS, FAGD, provides basic dental services Monday through Friday at the clinic and says most patients are very

appreciative to have someone help them with dental issues and develop an ongoing oral health treatment plan. DSAMH inpatients and outpatients who have acute problems like dental pain or lost teeth are referred to Dr. Manier through social workers.

For more information on services provided by DHSS, visit www.dhss.delaware.gov/dhss



Your support helped us shine as national leaders.

NAMI Delaware was recently recognized as the nation's top chapter for its outreach, advocacy and education. Thank you for making all this happen.



SCAN TO DONATE